

Make the Most from a Job That You May NOT Like

Admit it... you may not like your job. You might come home every evening after a long day and spend the next few hours complaining to anyone who'll listen about how miserable your workplace is and how you'd love to quit - if only you had enough money set aside to do so.

But let's also face today's economic reality. Jobs are hard to find, and any job that pays is one you have to keep. So if your work situation is less than ideal and you want a way to love what you do without changing your job, here are some suggestions to help.

1. Show optimism and a positive outlook at all times.

How can you be optimistic when you dislike your job? Remember that at least you have a job. You're paying your bills and providing for your family. You're not part of the newest unemployment statistic. Find something positive to focus on to remind yourself of how life would be if you didn't have any job at all. In order to stay positive, strive for excellence, not because you have to, but because you want to.

2. Learn from setbacks and convert challenges into success.

Many people feel that they have "bad luck" at work. Everything that can go wrong seems to happen to them, and they then like to talk about these negative experiences, which only makes them even more depressed. But when something goes wrong, rather than dwell on the setback, find out what you can learn from the experience so you can be successful next time.

3. Do whatever it takes to get the job done.

If you don't like the job and don't want to do it, then the job won't get done at all. It'll be hanging over your head like a dark rain cloud, so you might as well do it anyway. Also, if you don't get the job done, someone else will, and then you'll get the pink slip. If you feel that you can't do whatever it takes to get the job done because of a lack of resources and your hands are tied, then untie your own hands. What could you do differently given your existing resources? There's always a second right answer.

4. Be eager to share ideas with leaders and colleagues.

You can't work in a vacuum. You need to talk with others and collaborate in order to expand your thinking and gain new perspective. And you never know... someone may say something that makes you realize your job isn't so bad after all.

5. Look for ways to constantly grow.

We are all a work in progress. And growth and learning is something that we must initiate; we can't expect others to do it for us. Additionally, lifelong learning will make you more competitive in the marketplace. So when the economy rebounds and you can find that new job you want, you'll have the skills and mindset to make it happen.

Joyce can show you ways to help teams and individuals synergize their power to new levels by working through stresses and conflicts with resolutions, designed to create new levels of productivity and profitability.

As a coach, consultant, facilitator and author, Joyce has used her extensive professional experience with companies like Ford Motor Company, US Army Reserves and Blue Cross Blue Shield to provide bold solutions for individuals, corporations and associations.

Joyce attained her Master's Degree in Guidance and Counseling from Oakland University and sits on the Board of Directors for the School of Education and Human Services. She maintains her certification as a "Best Practices Company."

Visit www.JoyceWeiss.com or call 800.713.1926 to:

- **Get free professional growth tools and reports on resolving conflict**
 - **Schedule a training series on team synergy, work/life balance, and more**
 - **Shop for perfect incentive gifts for coworkers who need a little boost**
 - **See the Weiss library of articles you can publish in your own newsletter**
-

Visit www.JoyceWeiss.com or call 800.713.1926 to:

- **Get free professional growth tools and reports on Be Direct with Respect®**
 - **Schedule a workshop on team synergy, work/life balance, and more**
 - **Shop for perfect incentive gifts for coworkers who need a little boost**
 - **See Joyce's archive of newsletter articles**
-

This article is one in a series sent by Joyce Weiss to subscribers to her newsletter. If you want to receive these in your inbox once every month or so, you can subscribe here: <http://bedirectwithrespect.com/lists/>.