

Take the Ride of Your Life! Create Your Own Career Path Part 2

When your career's in a rut, how can you regain control over your own path? Last time we covered:

1. **Safely navigate work's potholes, ruts, curbs, obstacles, and challenges.**
2. **Take the direct route.**

Let's continue:

3. **Stay balanced when the road is bumpy.**

The majority of people are running on empty.

If your workday feels out of balance, the quickest way to identify what is missing is to know your core values: What's holding you back from achieving balance in your day? Can you say no to the things that aren't consistent with your core values?

When you ignore your personal values for the sake of others, keeping balanced is a challenging ordeal.

To gain balance, you first must be true to yourself. When you can gear down, relax, and enjoy the flowers on the side of the road, you can finally see the right path.

4. **Stop pedaling in circles.**

How long has it been since you've tried something new and different in your work?

After evaluating yourself personally, ask people you trust to make suggestions on how you need to grow.

Use their advice to guide your education decisions. Do you need to take a computer class, a writing course, or attend a management training workshop?

To carve a new career or enhance your current one, you must take responsibility for your own future and learn new skills on a daily basis.

Conclusion

Your ability to safely navigate workday obstacles, use straight talk, stay balanced, and keep learning will help you recapture the feelings of your youth - when your bike was your ticket to exhilaration.

You're the one in control! Sometimes the journey will be easy coasting, while other times it will be an uphill bumpy trek.

Either way, it's up to you to shift your professional life in gear and create your own career path.

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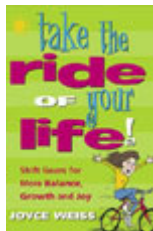
Joyce can show you ways to help teams and individuals synergize their power to new levels by working through stresses and conflicts with resolutions, designed to create new levels of productivity and profitability.

As a coach, consultant, facilitator and author, Joyce has used her extensive professional experience with companies like Ford Motor Company, US Army Reserves and Blue Cross Blue Shield to provide bold solutions for individuals, corporations and associations.

Joyce attained her Master's Degree in Guidance and Counseling from Oakland University in Rochester, MI and sits on the Board of Directors for the School of Education and Human Services. She maintains her certification as a "Best Practices Company."

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