

## Take the Ride of Your Life! Create Your Own Career Path - Part 1

If eighty-hour workweeks and impending layoffs are leaving you apprehensive about your career decision, you're not alone. These days, countless professionals are yearning for more fulfilling careers.

Unfortunately, many business people are going through their day-to-day work activities and feeling as if they're pedaling a bicycle uphill in the wrong gear.

They secretly yearn for the feelings of freedom and self-reliance they used to have when they were children pedaling away on their very own Schwinn, Huffy, and Evans Colsons.

How can we recapture those childhood feelings of independence, adventure, and joy?

### **1. Safely navigate work's potholes, ruts, curbs, obstacles, and challenges.**

In order to excel professionally, you need the ability to learn from any past mistakes rather than dwell on them.

The truth is that the only wrong mistake is one we don't learn from - when things go wrong, we have a choice. We can criticize ourselves and curse our own bad luck, or we can coach ourselves, extract value from what we learned, and focus on how we can handle that situation better in the future.

The next time something devastating happens to you, whether it's a layoff or a failed project, remember there are lessons to be learned.

### **2. Take the direct route.**

Many people are so confused at work that they don't know what is expected of them anymore. It's during these times that people need to use straight talk to solve issues.

Being Direct with Respect® means being able to communicate openly and honestly without hurt feelings. Encourage Be Direct with Respect® in your office by thinking about what you really want to say, writing it down, and practicing it.

The more you use it, the more comfortable you'll feel, and the more your colleagues will follow your lead.

*Watch for the rest of the tips!*

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Joyce can show you ways to help teams and individuals synergize their power to new levels by working through stresses and conflicts with resolutions, designed to create new levels of productivity and profitability. As a coach, consultant, facilitator and author, Joyce has used her extensive professional experience with companies like Ford Motor Company, US Army Reserves and Blue Cross Blue Shield to provide bold solutions for individuals, corporations and associations.

Joyce attained her Master's Degree in Guidance and Counseling from Oakland University and sits on the Board of Directors for the School of Education and Human Services. She maintains her certification as a "Best Practices Company."

Visit [www.JoyceWeiss.com](http://www.JoyceWeiss.com) or call 800.713.1926 to:

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This article is one in a series sent by Joyce Weiss to subscribers to her newsletter. If you want to receive these in your inbox once every month or so, you can subscribe here: <http://bedirectwithrespect.com/lists/>.

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